Mark H. Lowitt, M.D.

2023

WE PARTICIPATE WITH THE FOLLOWING INSURANCES

(it is the patient's responsibility to verify if we participate with their plan. It is also the patient's responsibility to obtain a referral if one is required for their plan)

Aetna (some plans require a referral)

BlueCross BlueShield

BCBS Federal

Bluechoice (HMO plans, that are not open

access, require a referral)
Carefirst Administrators
Mail Network Leasing

Carefirst Medicare Advantage HMO & PPO

ChoiceCare (Humana)

Cigna

Coventry of Delaware HMO
Coventry of Delaware PPO
Coventry National Network

First Health Great West **Johns Hopkins Health Plans:**

EHP USFHP

Johns Hopkins Medicare Advantage (HMO requires

referral)

Priority Partners (Referral Required)

Maryland Medicaid

Medstar Medicare Multiplan* PHCS

Railroad Medicare

Tricare (referral required)
United Healthcare Commercial

MDIPA

Optimum Choice (Referral required)

UMR

United Healthcare Community Plan (Carolyn Blair & Nicoleta Negoita Only) (Referral Required)

THE PRACTICE DOES NOT PARTICIPATE / IS OUT OF NETWORK WITH THE FOLLOWING INSURANCE PLANS (this is not a complete list)

- Cigna Medicare Advantage HMO & PPO
- · Aetna Better Health
- Alliance
- Amerigroup
- Kaiser (Unless there is a Multiplan* or PHCS logo on card)
- United Healthcare Dual Complete

*Multiplan: Some Insurance companies that the practice does not participate with have out of network benefits through Multiplan. We DO participate with Multiplan and we honor their contracted rate. Please be prepared to pay for your visit in full at the time of service. You will be refunded any discount or overpayment. Please check with your insurance to verify your Multiplan benefits.